

Okanagan Nation
Family Intervention & Service Society

April 28th, 29th, and 30th, May 1st, 2010
Prestige Inn, Vernon, B.C.

B.C. Conference Agenda

"A Gathering of Wisdom & Strength"

SACRED TOOLS



This workshop is designed for workers and leaders who are confronted with toxic and traumatized individuals in Aboriginal communities. Participants will learn time tested approaches that are productive, supportive and allow you to minimize stress as a professional caregiver or leader.

Facilitator: Terry Harris

Terry is a veteran workshop facilitator with over thirty years experience of writing and delivering meaningful and relevant workshops throughout the US, Canada, the Arctic and NW Territories. His experience within the Native Community includes Counsellor at Round Lake Treatment Centre, Trainer at Aboriginal Life skills Institute in Kamloops, Self-Help Coach with Okanagan Band, Vernon, BC and has directed many band level programs such as Youth, Elder, Employment and Cultural development.

PARENTING POWERFUL CHILDREN

We will discuss the process of how the Canadian Aboriginal community has become what it is today and remedies to bring about permanent positive change. Strategies presented are designed for raising self-reliant and productive individuals based on broad Aboriginal foundations.

Facilitator: Terry Harris

CULTIVATING ESTEEM

Esteem is a living thing that responds to our environment and how we view ourselves as individuals. In this workshop we consider the best ways to raise our own capacity for good things and encourage others around us to do the same.

Facilitator: Terry Harris

HEALING WITH INDIAN MEDICINES



Traditional Healing - why native people use medicinal herbs; the importance of medicinal plants; why aboriginal healing and returning to Medicinal Herbs is important.

Healers within Native Communities: Uses, preparation and harvesting of Medicinal Herbs; Relationships with plants and the Important of Spirituality.

Facilitator: Andrew McGinnis

Andrew is an Okanagan Traditional Medicine Keeper from the Penticton Band. He was raised by his Grandmother Christine McGinnis in the Similkameen Valley. In his Youth he spent time with Harry and Matilda Robinson where he learned much of his knowledge and traditional cultural practices. Andrew is also a story teller and fluent speaker of the Okanagan Language. He spends much of his time working with the language and sharing his knowledge with youth and people of the valley.

FOLLOW YOUR DREAMS



In this highly interactive workshop Linsay and James team up and share their inspirational life story's and gives great insight on goal setting, self-esteem building and what it takes to achieve your dreams. Linsay and James talk about their experiences in Canada's Next Top Model & So You Think You Can Dance Canada as well as life after the show. This workshop is great for goal setting, boosting self esteem as well as learning to follow your dreams.

Facilitator: James John and Linsay Willier

Originally from Tall Cree First Nation, James is a hip hop/cultural dancer who has taught, performed and travelled all across North America, Europe, and Australia. James has been blessed to dance for such artists as Genuine, In Essence, Maestro Fresh Wes, and Snoop Dogg. James was also featured on this Season's number 1 hit show in Canada "So You Think You Can Dance." James made history as the first Aboriginal street dancer to go straight threw to the finals.

VIOLENCE, ADDICTIONS, AND RELATIONSHIPS



Safety Life Lines
Cycle of Abuse/Addictions
Empowerment

This workshop is about addressing Trauma and cross-generational affects, understand and learn the vicious cycle of addictions, violence and what it means when life has become being on guard of fears or threats.

Facilitator: Audrey Desvents

Audrey is from the Cree Nation from Treaty Six Confederacy and has 28 years experience in Holistic Healing Arts, Addictions and Recovery. Her Spiritual name is Sacred Flying Woman, a traditional spiritual Elder and qualified professional healer. The journey as a facilitator, Motivational speaker and holistic program developer resulted from various fields of education. Through the years she has been dedicated to learning in dept the intricate meaning of the native spiritual teachings and to be attentive to the Elders stories, lodges and ceremonies. She's studied to decipher the teachings into an understandable terminology. Today as an Elder she's earned rights as pipe carrier/lodge keeper and pursuing a Master degree in Health Administration. Developing "Sacred Healing Journeys Seminars" has the combination of educational, professional methods, Native Traditional and Holistic Healing concepts. The four part models include affective methods which create Sacred soul journeys which result in soul healing.

HEALING THE SPIRIT

Sacred healing Journeys focus on recovery and healing from personal trauma, grief and losses, childhood apprehensions. This presentation will cover session on holistic healing methods and creating empowerment, the participants are encouraged to interact and be part of the experience in waking up the mind, body, and soul. "Awakening the Spirit" drum dance and Honour song. Fun and energizing.

Facilitator: Audrey Desvents

EMPOWERMENT BUILDING

Rebuilding from traumatic relationships
Transition life changes –Medical & disability
Young parents & Mothers

Trauma, abuses, grief or losses often leads to other problems and the will to rebuild is lost when there is no support. This powerful seminar teaches participants empowerment, speaking, greeting, independency skills, and goal and career setting commitments, designed for those building or rebuilding tools for life. This session is offered to those struggling to rebuild stability and done with care, safety and grounding.

Facilitator: Audrey Desvents

RELATIONAL AGGRESSION/VIOLENCE & CYBERSPACE BULLYING



This session begins by defining the session title, how it is more in the realm of female violence (though not excluding males); it examines the impacts; the different roles that are taken with those involved; and how it has escalated into cyberspace bullying as a key tool in the world of technology today, including the negative use of social network places such as facebook, cell phone use, etc. Key strategies for dealing with relational aggression are shared.

Facilitator: Bea Shawanda

An Odawa-Pottowottomi from Manitoulin Island, Ontario, Canada. She was raised with elders, attended residential school and received her specialized higher training education at the University of California and the Trinity University in Texas. She has been a frontline worker for over 35 years in both Canada and the United States in the fields of Health, Education, Social and Family Development, Organizational Leadership and Multicultural training.

Bea is also a banquet speaker /entertainer through the art of storytelling and playful audience participation. She delights her audience with wit and humour, providing a memorable evening of laughter and play with a few of life's good lessons, thrown in for good measure!

STALKING – A NORMAL PATTERN FOR US TODAY?

This session begins by defining types of stalking, scenarios that contribute to stalking behavior; the impacts of stalking; and support systems that can be put into place to decrease and eliminate this emotional and physical violence behavior in our communities today.

Facilitator: Bea Shawanda

A RIGHT TO BE SPECIAL

This session builds upon the healing powers of healthy ritual, customs, and traditions of our people as a primary tool in raising new generations of males and females in our families. It calls upon the 3 family tasks that families have for building a strong foundation; and the importance of “progress of life” ceremonies for children/teens in preparing them in becoming healthy men and women. Seven key steps are shared in nourishing the “healthy spirit” of children within the sacred setting of family life and home.

Facilitator: Bea Shawanda/Niso K. Bradford

“RECLAIMING OUR 1500+ WARRIORS IN 2010”



This session begins by acknowledging the traditional roles of men as protectors, providers, teachers, and heads of families. It examines how outside change contributed to the loss of roles of our warriors, the impacts of the loss of those roles, particularly loss of self-image of men, and how violence became a new “cultural norm” over the generations. The session looks at how we can nourish a healthy beginning and vision of healthy roles of our men today as grandfathers, fathers, uncles, sons, partners, and brothers.

Facilitator: Niso K. Bradford

Niso is an Odawa-Cree from Wikwemikong First Nation, Ontario. He was raised in Canada and the U.S. Involved in Youth Leadership Training & Development for over 18 yrs. With a focus on Cultural Enrichment, Addictions Prevention, Gang Violence Prevention, Suicide Prevention. Achieving academic success and strengthening youth motivation. He is an International Championship Grassdancer, Singer/Drummer, and actively involved in Theatre Arts in song and dance. Niso also acts as M.C. for both conferences and on the pow-wow trail, along with often being a Head Dancer, Drum Judge, Arena Director, and Head Judge. He works as a Performer and Story teller in the school system. Niso is a father of 4.

“MEN FOR CHANGE”



This session focuses on the healthy changes in relationships particularly in the roles of fatherhood and spouse/partnerships. It looks at the ideas of being protectors, guiding family in life principles, emotional and physical security, and empowerment of their children to be the best they can be. Life issues for men in the areas of intimacy, vulnerability, and commitment are also discussed as key avenues for healthy partner relationships.

Facilitator: Keith Edgar

Keith is a graduate of Sault College in Sault Ste. Marie, Ontario having graduated as an Electrical Engineer Technologist. He has been in the workforce for over 7 years travelling as far as Mexico in the field of work. Keith has also been involved in youth leadership development for over 10 years specializing in personal growth and development of youth, training in life skills such as communication, creative problem-solving, handling conflict, collaboration skills, and relationships. He is also a cultural enrichment Trainer, Men's Wellness, and conducts abuse prevention training as well. Keith is a Grassdancer and travels on the pow-wow trail. He comes from a large extended family and is the oldest with 2 teenage sisters and 1 younger brother who is 7.

“BUILDING A WARRIOR SPIRIT”

This session explores key ingredients necessary for raising a healthy son today so he becomes a “great and honorable warrior” tomorrow. It looks at what has gotten in the way of raising sons in this manner, how it has affected the raising of healthy sons, and the issues surrounding the father/son relationship; the mother/son relationship, and the “absent father” relationship. 5 key strategies are shared for building warriors today.

Facilitator: Keith Edgar/Niso K. Bradford

HEALING WITH THE SPIRIT OF HUMOUR AND LAUGHTER



This workshop is based upon the gifts of laughter and humour. It has a broad focus and is found to be applicable to a broad spectrum of social issues. This workshop helps empower, establish self-esteem, motivate, and promote healing. It enables participants to deal with stressful situations, difficult times, a both personal and community healings. This workshop explains the uses and types of humour, its appropriateness, and benefits. Such methods include group discussions and group interaction to create laughter, communication and understanding.

Facilitator: Leonard Dick

Leonard was born and raised in the remote native community Macdiarmid in Northern Ontario. He is Ojibway, French, and Scottish heritage. Leonard worked for many years at the Thunder Bay Correctional Centre, as a Correctional Officer. He also worked as a Custom Inspector for Revenue Canada. He later developed the fictional stereo typical Indian character of “Moccasin Joe” as a stand up comedy act. He also developed the workshop “Healing with the Spirit of Humour and Laughter.

SWEET GRASS COUNCIL

Carol Martin, Rita Blind and other women who work as frontline workers, volunteers and/or live within the downtown Eastside will be presenting a series of workshops, that deal specifically with the issues we have been facing for many years with the diverse voices from different nations, coming together because of similar issues that bring attention to issues that the aboriginal women from downtown eastside are facing on a daily basis.

Workshop Series:

Violence against Women *Missing and Murdered Aboriginal Woman*
Homelessness *Health Issues & Poverty*
Residential School Issues *Work Peace Forum*
International Women's Day Highway of Tears

Elder Rita Blind who has started a program titled "Sweet Grass Place" will be hosting a workshop that is based on our Culture, Spirituality and Awareness. This is a healing and wellness program for everyone.

CONFERENCE AGENDA

Wednesday, April 28, 2010

7:30 am to 8:00 am Registration – Coffee (Lobby)

8:00 am to 9:30 am Opening Ceremonies – Drummers from Okanagan Nation
Opening Prayer – Dorothy Ward, Okanagan Nation Elder
Welcome by Chief Fabian Alexis/Alternate, Okanagan
Indian Band

9:30 am to 12:00 pm

**Parenting Powerful
Children with Terri
Harris**

**Empowerment Building
with Audrey Desvents**

**Healing through the
Spirit of Humor &
Laughter with Leonard
Dick**

**Healing with Indian
Medicines
With Andrew McGinnis**

10:30 am to 10:45am

Coffee Break

12:00pm to 1:00 pm

Lunch (on your own)

1:00pm to 3:00pm

**Relational
Aggression/Violence &
Cyberspace Bullying
with Bea Shawanda**

**Empowerment Building
with Audrey Desvents**

**Reclaiming Our 1500+
Warriors in 2010 with
Keith Edgar**

**Building A Warrior Spirit
with K. Niso Bradford**

CONFERENCE AGENDA

Thursday, April 29, 2010

8:00 am to 8:45 am	Registration – Coffee (Lobby)	
9:00 am to 12:00 pm	Stalking – A normal pattern for us today? With Bea Shawanda	Healing the Spirit with Audrey Desvents
	Men for Change with Keith Edgar	Sacred Tools with Terri Harris
10:30 am to 10:45am	<i>Coffee Break</i>	
12:00pm to 1:00 pm	<i>Lunch (on your own)</i>	
1:00pm to 3:00pm	Follow Your Dreams with James John and Linsay Willier	Healing through the Spirit of Humor & Laughter with Leonard Dick
	Healing with Indian Medicines With Andrew McGinnis	Healing the Spirit with Audrey Desvents
6:00pm to 11:30 pm	Evening Presentations and Dinner & Dance – M.C. Niso K. Bradford	

**“Honouring the Beginning”
Buffet Dinner**

*Tickets will be available at the Registration Table for
\$15.00 per person.*

CONFERENCE AGENDA

Friday, April 30, 2010

8:00 am to 8:45 am *Registration – Coffee (Lobby)*

9:00 am to 12:00 pm

**Violence, Addictions
and Relationships with
Audrey Desvents**

**Reclaiming Our 1500+ in
2010 with K. Niso
Bradford**

**Building A Warrior
Spirit with Keith Edgar**

**A Right to be Special
with Bea Shawanda**

10:30 am to 10:45am

Coffee Break

12:00pm to 1:00 pm

Lunch (on your own)

1:00pm to 3:00pm

**Cultivating Esteem with
Terri Harris**

**Healing with Indian
Medicines
With Andrew McGinnis**

**Violence, Addictions
and Relationships with
Audrey Desvents**

**Healing through the
Spirit of Humor &
Laughter with Leonard
Dick**

CONFERENCE AGENDA

Saturday May 1, 2010

8:00 am to 8:45 am	<i>Coffee (Lobby)</i>
9:00 am to 10:00 pm	Update on Missing and Murdered Women in Canada by Bernie Williams and Gladys Radek
10:00 am to 10:15am	<i>Coffee Break</i>
10:15 am to 12:00 pm	Open Mike for Discussion on the issues for consideration for future work to be done.
12:00 to 1:00 pm	<i>Lunch (on your own)</i>
2:00 pm- 3:00 pm	Open Floor Nominations for first board of directors for the Women's Organization against violence.

Note: Workshops listed are subject to change – a current listing will be available upon registration.



2010 Conference Registration Form
“A Gathering of Wisdom & Strength”
April 28th, 29th, and 30th, May 1st, 2010
Prestige Inn, Vernon, BC

The vendor registration is \$250 (payable in advance) for 3-day conference. Vendors will be provided a table and two chairs. A total of 10 vendors will be allowed. Information booths are free of charge, however will have to be a non-profit organization that does not have sales and be willing to provide a free gift for giveaway to conference.

Vendor Sales:

Information Booth:

Please print clearly (information is used for your name tag)


Mr

Ms

Name:			
Band/Organization Name:			
Title/Job Position:			
Mailing Address			
City/Province/ Postal Code			
Telephone		Fax:	
Email Address:			

REGISTRATION PAYMENT

\$250 Cheque	Payable to: <i>Okanagan Nation Transition Emergency House</i>
Payment Received:	<input type="radio"/> Cheque <input type="radio"/> Money Order
Information booth:	<input type="radio"/> Gift
Return form to:	Attention: Conference Coordinator Okanagan Nation Transition Emergency House 22-650 Duncan Avenue West Penticton, BC V2A 7N1

	4411 32nd Street, Vernon, BC V1T 9G8	Phone 250.558.5991 Fax 250.558.5996 Toll free: 1-877-737-8443
Conference Booking Number: 129371	Rates: \$99/night + tax	Release dates for the conference rooms is April 1, 2010

OTHER HOTELS AVAILABLE IN THE AREA:

Holiday Inn Express Hotel & Suites

4716 34th Street
Vernon, BC V1T 5Y9
Rates: \$109/double occupancy + taxes
For Reservations: 1 877 660 8550

Sandman Inn Vernon

4201 32nd Street, Vernon, BC V1T 5P3
(250) 542-4325
Rate: \$89.00 pp/double occupancy + tax
For Reservations: 1-800-SANDMAN (726 3626)

Best Western Vernon Lodge & Conference Center

3914 32nd Street, Vernon, British Columbia V1T 5P1
Phone: 250/545-3385 | Fax: 250/545-7156
Rates: \$77.00/pp or \$87 for double occupancy
Toll Free Reservations: **800-663-4422**

Super 8 Vernon BC

4204 32nd Street
32nd St and 43rd Ave
Vernon, BC V1T 5P4 CA
Toll Free Reservations: 800-800-8000

Village Green Hotel

4801 27 Streets, Vernon, BC V1T 4Z1 (250) 542-3321
Toll Free Reservations: 800-663-4433